Key Notes Scott Key Center SERVING THE FREDERICK COMMUNITY FOR 45 YEARS

Cycles and Life

► MEET STEVE6

Sean M. Lore, Executive Director

pring......ah yes, the time of early flowers, blossoms fill the trees, and new growth throughout the countryside. The feeling of energy in the air, one knows spring is here.

The Scott Key Center has recently completed a new greenhouse which replaced an older greenhouse lost when a storm water management pond was added. This greenhouse is able to provide a constant growing environment at all times and all weather conditions. It is able to be operated by a computer system which will monitor the temperatures, the outside weather, and react accordingly. It will turn on fans, one or all, it will turn on the heaters, coolers, and even operate the shades as needed.

Situated in the front of our oldest greenhouse, it can be seen

(Continued on page 4)



Scott Key Center Recognizes 4 at Combined Annual Awards

Mary Crum, Vocational Services Coordinator

Scott Key Center hosted the Combined Annual Awards on Monday, March 14 along with Rock Creek School and The ARC of Frederick County. These three agencies come together once a year to present awards to individuals, local businesses, and staff who have shown commitment, support, and compassion for the developmental disability community. Scott Key Center recognized four people at the Combined Annual Awards Andy Robillard, Carla Malik, Kimberly Genau, and Jessica Miele.

Andy Robillard received the Betty Ann Remsburg Award. He was presented this award for his incredible self advocacy. Andy is highly motivated to further his own independence and success and sets an example for others. Andy is very energetic and is driven to work. Andy is active in seeking new employment opportunities. He has a lot of computer skills and uses them to find job leads. Currently, he holds a part time job, volunteers with children, volunteers with Middletown Basketball, and is an athlete for

SCOTT KEYCENTER HELPING SHAPE FUTURES

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Beating the Odds

Balderson becomes Wegmans employee

Shawn Dennison, Job Development Specialist

he buzz was loud and strong. It began with a simple announcement, and it continued to build.

Wegmans, the New York based high end grocery chain, known for its incredible customer service, delicious prepared foods, and outstanding overall selection (not to mention, its #3 rank in Fortune Magazine's "Top 100 Employers To

Work For") is coming to Frederick. Frederick? Really?

This is great news for Frederick. Even greater news for anyone fortunate enough to say that they will be one of the 500 employees – out of over 8000 applicants! – to actually work there.

After applying and interviewing twice, SKC's Crystal Balderson can now count herself as a Wegmans employee.

There are many words to describe Crystal. She is effervescent, intelligent, energetic, diligent, to name

a few. Whatever description you use, the concoction that makes up Crystal's character made an impression on Mark, the Café Manager, who hired her to work in his department at the new store.

The journey started with an on-line application. After a few weeks she was contacted for an interview. The excitement began to build. Staff at SKC, her mom and some of her friends began to "coach" her. They provided essential interview tips that would later prove to have made a significant difference. Make eye contact. Sit up straight. Think before you answer. Answer honestly.

The interview was March 29th. Crystal handled every question directly. She sat up straight. She made eye contact. She answered honestly. She left the interview feeling pretty good about

her effort.

Within a few days an employee representative from Wegmans called to schedule a 2nd interview. The excitement level went a little higher. At the second interview, Crystal met with Kia, who wasted no time to admit that it wasn't, in fact, a 2nd interview at all, but, rather, an official job offer. Upon hearing this, the normally responsive Crystal sat and stared at Kia for a few seconds, then looked at the ceiling, back at Kia, ceiling,

then Kia. After a period of time, Crystal looked at Kia and said, "I got the job" in a sort of half statement/half question manner. Within minutes the excitement level went from mild to major exuberance. The happiness was complete when, amid a small window of awkward silence during a conversation with a few of the Wegmans management team, Crystal simply hugged the store manager, Phil.

Over the past month and half Crystal has had a wonderful sampling of the "Wegmans experience". She's attended a very comprehensive employee orientation, where she met a number of her co-workers. She's taken computer based learning classes, where she's learned

about food safety and food allergies. She's been scheduled for on-the-job training at the Leesburg Wegmans, where she's gotten to hone her skills under the tutelage of fellow employees who are already doing the work she'll be doing when she's at the "her" store.

"Her" store, the Frederick Wegmans, will open to the public on Sunday, June 5th at 7:00 a.m. Crystal will be there with over 400 of her coworkers. From what she has been told on numerous occasions, a Wegmans "Grand Opening" is very big deal. Crystal is ready. She has rehearsed it and is fully prepared to do the W-E-G-M-A-N-S cheer – with great exuberance and energy and volume – just exactly the way they want it.

Congratulations, Crystal.



(Awards continued from page 1)

MD Special Olympics.

Carla Malik was presented with the Alex Keepers Award. Carla was nominated for her time, commitment, and compassion to an individual with a developmental disability outside of Scott

Key Center. She has taken this individual under her wing to give her as many opportunities in the community as possible. Every week Carla has devoted her personal time to taking this individual shopping, having tea parties, and to Curves. Carla is very compassionate about this individual as well as her position at Scott Key Center as a Vocational Services Coordinator.

summed up her personality- Thankful for the opportunity to work with individuals with Developmental Disabilities!

Jessica Miele was presented a Certificate of Appreciation for Volunteering at Scott Key Center. Jessica has been volunteering at Scott Key Center for a little



The Robillards, Christi, Andy and Craig

Kim Genau was recognized as our Staff of the Year. Kim was presented this award for her outstanding work and commitment to Scott Key Center and our mission. She is always willing to give an extra hand to make everyday responsibilities go smoothly as well as special events. You will always find Kim with a smile on her face and a bounce in her step. She ended the evening with an acceptance speak that

one year. She started as an intern and after her hours were complete she decided to stay as a volunteer. Jessica is a student at FCC pursuing a degree in business. She volunteers just about every Friday assisting with administrative duties.

Congratulations to all of the award recipients. Scott Key Center is proud to have these individuals as part of our team.



Rainbarrels

are now available for sale at Scott Key Center.

Pick yours up today!

Call 301-600-1600 for more information.



DYK SKC participated in the Hagerstown Community College Alumni Association's Flower and Garden Show on 3/13 and 3/14?



Sean M. Lore, Executive Director

(Awareness continued from page 1) clearly from Rocky Springs Road in Frederick MD. It will host a variety of plants, to include annuals, perennials, vegetables, and the must buy things every gardener needs.

The greenhouses give Mother Nature a hand in

starting the blooming season offering perfect conditions for growth. Itis these plants that gardeners then take to their gardens to plant. A mixture of annuals and perennials send off wonderful smells and provide beautiful artistic creations of gardens all around.

To continue with the support of the greenhouses, Scott Key Center also manufactures rain water collection systems and compost tumblers. Both of these are made from recycled food grade barrels that originally houses olives. These barrels are then cleaned and transformed into their next role of their life cycle.

The rain water collection systems allow homeowners and weekend gardeners the opportunity to catch rainwater that would normally run away after a rain storm. This water then is able to be used to water plants in the garden and flower beds. It is a wonderful way to recycle one of Mother Nature's most important resources.

The compost tumbler allows homeowners and weekend gardeners the opportunity to create their own soil known as compost. The compost

can be made from several types of house hold plants such as, grass clippings, leaves, orange or apple peals, and lettuce to name a few. This compost will send vital nutrients back to the soil where the plants in the garden or flower bed will feed.



Pre-Mothers Day Sale look from inside the new greenhouse

"Going Green" has been the slogan of recent years. You see it on the web and in print, hear it on the radio, and on television. The Scott Key Center does not think this is only a slogan but a better more sensible way to capture, collect, grow, and return the natural resources back to the ecosystem. We create attractive rain water collection systems, grow a variety of plants for flower beds and gardens, and offer a user friendly compost tumbler. These things combined offer us the opportunity to support



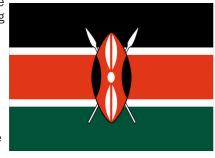
Africa

Portia Hood, Vocational Training Instructor



In July of 2011 our very own Jeanne Kuhn and her husband will be going with a group to do missionary work at an orphanage in Africa. She will be gone for 16 days and will have 10 working days at the orphanage. She will be selling solar flashlights at some point soon and for every flashlight sold, a flashlight and a mosquito net will be donated to the orphanage in Kenya, Africa. We all wish Jeanne a safe trip and return.

Be on the lookout for flashlight sales!





WORD FIND

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SCOTT KEY CENTER **GREEHOUSE** EXTRAVAGANZA **FLOWERS ANNUALS PERENNIALS VEGGIES CRAFTS BIRD BATHS** HANDMADE PAPER HANDMADE BUGS **BIRD FEEDERS CUSTOM JEWELRY** RAIN BARREL **COMPOST TUMBLER OREGANO** ROSEMARY **THYME**

SAGE DILL **PARSELY GERANIUMS REX BEGONIAS** DRACAENA SPIKES **VERBENA LANTANA** VINCA VINE SWEET POTATO VINE SUNFLOWER VINE MOTHERS DAY **BROCCOLI CABBAGE TOMATOES GREEN PEPPERS** WATER GARDENS

BASIL

SUNDAY MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** SATURDAY **ACCOUTREMENTS** CORUSCANT LUMINESCENT **NIDIFICATE** SESQUIPEDALIAN **USUFRUCT MAGNANIMOUS EBULLIENT BELLWETHER AUSPICIOUS**

HOSE

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Contact us We can help! 301-600-1600

scottkeyemail@ frederickcountymd.gov



Have someone who

attends SKC?

Look for your SKC lunch menus delivered monthly by email or sent home via employees



We have Compost **Tumblers** too!

Meet Steve Lawrence

May Cunningham, Vocational Training Instructor

How many years have you worked at SKC?

What are your main job responsibilities?

Coordinating Transportation Services and supervising the Transportation Staff for the Scott Key Center

How did you get here?

1974-1998: U.S Air Force. 1998-1999: Frederick County Sheriff's Office.

2000-2005: Frederick County Facility Services

Director. 2005-present: SKC

What made you chose this profession?

While active duty Air Force, I worked with the New Jersey Special Olympics for 5 years, and that was a very rewarding experience. When I was assigned at Winchester Hall, I managed the custodial accounts for SKC. After working with Vince Coates, and other staff at SKC, I became interested in a position. Vince pointed me in the right direction, and here I am.

Where do you live?

Just North of Thurmont, in the middle of farm land.

Where do you see yourself in 5 years?

Retired from Frederick County Government. Warm weather all year round.

What are your 3 main accomplishments?

Supporting my country by being part of the Air Force family for 24 years.

2. Helping to raise a Son and Daughter. 3. Knowing, and being friends with, people from 15 different countries.

Who do you admire?

Former President Ronald Regan. Einstein. The Wright Brothers.

Dice Clay. Rocky Bowbowa

What is the most important thing you have learned?

You can't stop, or avoid, change. It will happen anyway.

What about yourself would you most like to change?

To think about other's feelings & reactions, before I speak.

What is the last book you have read and what did you like about it?

Dracula...The gore, power, and control.

What motivates you?

The responsibility of taking care of my family,

and helping my friends. Oh, and chocolate.

Do you have any phobias?

Armageddon

If you were reborn as an animal, what would you like it to be?

Tyrannosaurus Rex, of course. The ultimate predator of his time.

What are your hobbies?

County line dancing, karaoke, occasional golf, & hunting varmints for local farmers.

How do you think people will remember you?

Air Force: Loyal, fair & driven.

Frederick County Government: Dedicated, difficult, demanding, and hard working. Friends: Good sense of humor, not all there, had delusions of grandeur, and liked to have a good time. Family: Dedicated and supportive. stubborn, an occasional short temper, agitator, just about everything was funny.

What was your worst injury?

I was playing softball in the Air Force, the ball took a bad hop, and struck me in the left eye, cutting and bruising my retina. Had to wear an eye patch to my college graduation. Nice picture...

What is the farthest you've been from home? Either Italy or Norway

What was your most rebellious moment?

Getting married at age 17. Both families were not in agreement. So, one Friday, we just decided to go to the Courthouse and get married. Took them 10 years to get over that.



People with Disabilities and Other Access and Functional Needs

Preparing and Planning

If you or someone close to you has a disability and other access and functional needs, you may have to take additional steps to protect yourself and your family in an emergency.

Disability and Other Access and Functional Needs	Additional Steps
Visually impaired	May be extremely reluctant to leave familiar surroundings when the request for evacuation comes from a stranger. A guide dog could become confused or disoriented in a disaster. People who are blind or partially sighted may have to depend on others to lead them, as well as their dog, to safety during a disaster.
Hearing impaired	May need to make special arrangements to receive warnings.
Mobility impaired	May need special assistance to get to a shelter.
Single working parent	May need help to plan for disasters and emergencies.
Non-English speaking persons	May need assistance planning for and responding to emergencies. Community and cultural groups may be able to help keep people in-
People without vehicles	May need to make arrangements for transportation.
People with special dietary needs	Should take special precautions to have an adequate emergency food supply.
People with medical conditions	Should know the location and availability of more than one facility if dependent on a dialysis machine or other life-sustaining equipment or treatment.
People with intellectual disabilities	May need help responding to emergencies and getting to a shelter.
People with dementia	Should be registered in the <u>Alzheimer's Association Safe Return Pro-</u>

If you have a disability or Other Access and Functional Needs: Find out about special assistance that may be available in your community. Register with the office of emergency services or the local fire department for assistance so needed help can be provided.

Check for hazards in the home

During and right after a disaster, ordinary items in the home can cause injury or damage. Anything that can move, fall, break or cause fire is a home hazard. Check for items such as bookcases, hanging pictures, or overhead lights that could fall in an earthquake or a flood and block an escape path.

Be ready to evacuate

Have a plan for getting out of your home or building (ask your family or friends for assistance, if necessary). Also, plan two evacuation routes because some roads may be closed or blocked in a disaster.

Create a network of neighbors, relatives, friends, and coworkers to aid you in an emergency. Discuss your needs and make sure everyone knows how to operate necessary equipment.



Scott Key Center recently became a part of the Tweetosphere. After only a few months in operation, we have begun making wonderful connections in our Frederick Tweighborhood and beyond.

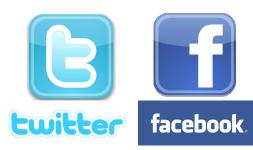
"Find us, Follow us, get information.



Scott Key Center also created a Facebook presence. Still in it's infant stages, we plan to feed it, educate it and watch it grow!

"Find us, Like us, get information."







The SKC booth at the HCC Alumni Association's Flower and Garden Show.

What is World Multiple Sclerosis Day?

World *Multiple Sclerosis* Day - the last Wednesday of May each year - is an international day for action, a chance to raise awareness about MS and to strengthen the global network of people living with MS across the world.

World Multiple Sclerosis Day 2010 saw activities taking place in 67 countries worldwide

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Or current resident